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How to pass your life lessons in 7 days?

Welcome to your gateway to a shared life with your soul.

This guide will not improve your specific ability in a specific field but will change the way you look at the world and the way you look at yourself.

It is important to separate the situations in which you want to feel good about yourself in your development process, and the moments in which you want to create a "leap in consciousness" for yourself in your field of work.

Today I want to talk to you about this "jumping the step". If you choose to use this guide you will be able to live a life together with your soul until a state of complete union.

Before we begin...

It is important to explain a little more about the process.

Once, long before you came to this world, your soul looked at the earth from the outside and saw that it was good.

The limited material world, the sensory intense experience, the universal love, and the senses through which you create a filter between the inner reality and the outer reality have caused a belief in limited levels of awareness and resources.

The soul was very happy and decided to start the process of reaching the reincarnation.

Choosing character traits, choosing the role of my soul, place, time, and birth.

There were only a few of the fast stations it passed on the way. The soul sat at the round table before coming to the world and was asked: How can you ensure your development on earth? After all, it is a world of oblivion, people do not remember who they are and who they were in the past and believe in unclear laws of space.

The soul thought to itself and suddenly an idea popped up in her heart: create a guide! I will create a pattern of events that will lead the person I will become to return to himself and realize the purpose for which he came into the world.

The soul stood before its guardian angel, the various deities, and love itself and explained:

In the first stage - I will establish my life as a person and learn the laws of space, I will develop an ego and a mind for myself that will teach me what my lack of thought and emotions is.

In the second stage - I will create a deliberate gap through two types of classes.

1. Life lessons - topics that I will choose to study now and feel all their angles in the experience on earth.

2. Human lessons - character traits that I will choose for the person I will become and create a gap between what is desired and what is found.

This gap will be the task I will have to fill.

There will be no end to this type of lesson and I will have to reach a deeper and happier level of development - I will have to prevent myself as a person from starting more lessons of this type.

In the third stage - I will finish all my lessons, I will look at things from a completely spiritual point of view that involves a new experience - a sensory experience.

Then the person I am going to be will be ready enough to contain all my energy within his body.

I will call this situation "Remembering".

I will be ready to choose the most beneficial way for me to bring the knowledge that I have into expression.

A few years later (preparation for Earth takes between 2-4 years in linear time) the soul arrived on Earth and forgot all the preparation. The laws of space and the shock from the amount of compression she encountered along the way confused her so much that she chose to disconnect and realize all the goals that the outer reality set for her, without listening to the inner reality.

Over time she stopped getting answers.

The soul in a human body that forgot its decisions realized that it is the only source of knowledge that can help itself.

So it was, the soul looked for its blocking beliefs and life lessons and realized - that it has meaning in the world.

This soul is you.

The Earth needs you more than ever!

The replacement of the investigation is at its peak.

The earth, also as a developing entity, has exhausted the investigation of lack and abundance, the two temporary situations that in practice close humanity in a closed circle and move on to investigate creation from infinity.

Welcome to the guide that will give you all the tools to finish your lessons and move on to the new investigation.

What will you find in the guide in front of you?

- Lessons for every day - how to map lessons for 7 days?
- Change of belief - how do you do it?
- Bonus- how to read the legality through which reality speaks to you?

Let's begin.

Take a notebook or any other place to write, they will accompany you in the process.

Lessons for every day - how to map lessons for 7 days?

What is a lesson?

As mentioned, a rate is a gap between what is desired and what is found. This gap can arise from a life lesson (a subject that the soul chose to learn before coming to the world) or from a human lesson (a character trait that contradicts a certain result that you want to achieve and the soul assimilated it in advance for this purpose).

The purpose of the guide before you is to be a tool for passing lessons in 7 days. You can map the guide however you want - go through all your lessons in 7 days or go through every lesson in 7 days.

The first message I want you to know is that yes - there is an end to it!

You can use this guide and complete your lessons to reach full union with your soul and realize the knowledge you have come to resonate with the Earth.

How to begin?

1. Create a routine - the exercises in front of you require the training of a new muscle, a muscle that your soul has made

sure you forget so that you can return to it from the experience. Create a schedule for yourself to perform the exercises found in this guide. For this, you will need between 15-20 free minutes a day at a fixed time. (If you have set the time at 10:00 then all the exercises will have to be done at the same time every day, the transitions are a constant and most powerful tool in the world of souls)

2. Create confidence - you are going to encounter difficult things for you in this process. You are about to see all the building blocks of your personality under the shadow of doubt. Be prepared for that. Know and believe with confidence that who you are stems from infinite essence and is not dependent on the story you tell yourself.

Can we go? Excellent!

Each of the steps in front of you is a one-day training that can provide you with another step to moving your life lesson.

Step 1 - identify the lesson.

Create an ID card for your class to get to know it better.

A. Is it a life lesson or a human lesson?

If it's a life lesson - it's about a topic you don't know the energy of at all.

If it is a human lesson - it is a character line that is not satisfied with a certain result in your life since a certain part of it is based on a lack.

B. Is this a lesson that stems from a defense mechanism or a need to go deeper on all levels?

In this class, you get to know the purpose of the class and, as a result, also the effect of your work on the general structure of the personality.

C. If the lesson stems from a defense mechanism - you must find your profit from the lesson, identify the need on which it sits, and give it a different answer.

If the lesson stems from the need to go deeper on all levels, you must connect to your quiet space and get to know the topic of the lesson from all angles.

D. "Lifebuoys" - what things whose energy was safe for you could be damaged if you pass the lesson?

How will you keep your life stable?

Although all?

Take a deep breath, you know your lesson. Now you can go to the next step.

Step 2 - identify the story.

At this stage, we will give space to all the "background noises". All the internal parts that hid the lesson will be revealed at this stage.

On the second day, make a list for yourself of all the things that made you feel blind or that the subject of the lesson was transparent to you. Note, that lists can sometimes be discouraging, but the purpose of this day is to prepare all your layers for the new beginning.

Therefore, try very hard to reach 50-80 things in the list you create.

Once you've cleared the background noises that prevent the class from moving forward, you can move on

To the next step: step 3 - multidimensionality.

A living lesson in many dimensions. Your lessons also exist in the past, in the present at the same time as you and in your future. You have to go through the time spaces and concentrate all the parts of your lesson to where you are. You can do it like this:

Look at the mirror on your physical body, review every part of it, then expand the image with your imagination, stretch your physical body in your imagination further and further until the place where your imagination stops automatically. Then try to fix the image.

Everything that happens outside the boundaries of the picture you presented, does not belong to your lesson.

On the other hand, every place that your physical body can reach is a place where there is a certain part of the lesson found. If you believe in your ability to recognize the part of the lesson, you are invited to enter the resolutions get to know your history more deeply, and read what is written where you stopped. It's not a necessary matter but getting to know your history as a soul can never hurt.

After you have collected all the encounter points back into you, you can start going through the lesson. All the energy is inside you and it is possible to transform it.

Step 4 - Transmutation:

Repeat all the steps you went through in the first step under your acquaintance with the lesson. In this way, you can look

at your lesson anew and from all angles and add objective details for your overall view of the subject.

Only after you have repeated all the steps of the first step will you be able to identify the required change.

Step 5 - Change of belief:

Faith is a mental need connected to your worldview. If you want to change your belief about things, create a set of needs for yourself as follows:

1. What is the belief that causes the reality I want to change to remain in my life?
2. What is my profit from this belief? (Note - profit is always positive and not negative. Fear, disappointment, expectation or defense mechanisms are not considered profits for the purpose of this matter).
3. What is the need that makes this profit relevant for me?
4. How can I fulfill the need from a source more conducive to my development?

It is important to remember - that training in asking the questions from the previous step regarding each of your lessons makes these questions natural and raises you above the scaffolding of the temporary situations of lack and abundance for the new investigation: creation from the infinite.

Step 6 and 7 - assimilation days:

There is a law of creation that says "Everything happens twice". Regardless of which way you believe the world was created, you will be able to see the 2nd element. A class transition

adopts this element. That is, you must assimilate the new answer to the need you found in the previous step and thus change your belief in two steps:

Step 6 - First day of assimilation:

On the first day of assimilation, the new habit to fulfill the need should not touch emotional issues.

Create opportunities for yourself to incorporate the new habit into more "technical" topics.

Step 7 - second assimilation day:

Prepare yourself anchors for integrating the new topic into topics that are more emotional for you.

Do this by listening to the feeling of lack within you and remembering that it is this feeling of lack that kept you existing in the previous exploration of the earth and is the one that will bring you into the new exploration.

Bonus-

How to read the legality through which reality speaks to you?

The key question for this bonus and for the entire guide before you is:

"How do I treat myself the way reality treats me?"

One sentence that exhausts the legality of entire worlds.

Thank you for choosing to take responsibility for your own development and contribute to the change of exploration on Earth. I will be happy to hear any question, registration or request you have from me.

My email is shani@shanibaharazulay.com

Shani.

Just a moment... If you want to ask questions then I have opened a free WhatsApp community that you can join right here.

<https://chat.whatsapp.com/ELC5BIhNKYTFVBMgN586ql>